

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

# FORM 6-K

# REPORT OF FOREIGN PRIVATE ISSUER PURSUANT TO RULE 13A-16 OR 15D-16 OF THE SECURITIES EXCHANGE ACT OF 1934

For the month of April 2019

Commission File Number 001-38440

# Grindrod Shipping Holdings Ltd.

#03-01 Southpoint 200 Cantonment Road Singapore 089763

(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F.

Form 20-F ⊠ Form 40-F □
Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule $101(b)(1)$ : $\Box$ .
<b>Note</b> : Regulation S-T Rule 101(b)(1) only permits the submission in paper of a Form 6-K if submitted solely to provide an attached annual report to security holders.
Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7): $\Box$ .
<b>Note</b> : Regulation S-T Rule 101(b)(7) only permits the submission in paper of a Form 6-K if submitted to furnish a report or other document that the registrant foreign private issuer must furnish and make public under the laws of the jurisdiction in which the registrant is incorporated, domiciled or legally organized (the registrant's "home country"), or under the rules of the home country exchange on which the registrant's securities are traded, as long as the report or other document is not a press release, is not required to be and has not been distributed to the registrant's security holders, and, if discussing a material event, has already been the subject of a Form 6-K submission or other Commission filing on EDGAR.

## INFORMATION CONTAINED IN THIS FORM 6-K REPORT

On April 17, 2019, Grindrod Shipping Holdings Ltd. (the "Company") issued a press release announcing the filing of its Annual Report on Form 20-F for the fiscal year ended December 31, 2018 with the U.S. Securities and Exchange Commission.

A copy of the press release is furnished with this current report on Form 6-K as Exhibit 99.1.

## **Exhibits**

Press Release, dated April 17, 2019 99.1

## **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

# GRINDROD SHIPPING HOLDINGS LTD.

Dated: April 17, 2019

By: /s/ Stephen Griffiths
Name: Stephen Griffiths
Title: Chief Financial Officer



# Grindrod Shipping Holdings Ltd. Announces Availability of its Form 20-F for the Year Ended December 31, 2018

Singapore, April 17, 2019: — Grindrod Shipping Holdings Ltd. (NASDAQ: GRIN) (JSE: GSH) ("Grindrod Shipping" or "Company" or "it" or "we"), a global provider of maritime transportation services in the drybulk and product tanker sectors, today announced that its Annual Report on Form 20-F for the year ended December 31, 2018 has been filed with the U.S. Securities and Exchange Commission ("SEC") and can be accessed on the Company's website www.grinshipping.com under the "SEC Filings" section or on the website of the SEC at www.sec.gov.

Shareholders may also request a hard copy of the Annual Report, which includes the Company's complete audited financial statements, free of charge, by contacting the Company at:

Grindrod Shipping Holdings Ltd. 200 Cantonment Road, #03-01 Southpoint Singapore, 089763 E-mail: <u>ir@grindrodshipping.com</u>

#### About Grindrod Shipping Holdings Ltd.

Grindrod Shipping owns and operates a diversified fleet of owned and long-term and short-term chartered-in drybulk vessels and product tankers. The drybulk business, which operates under the brand "Island View Shipping" ("IVS") includes a fleet of 18 handysize drybulk carriers and 12 supramax/ultramax drybulk carriers on the water with five ultramax drybulk carriers under construction in Japan due be delivered in 2019 and 2020. The tanker business, which operates under the brand "Unicorn Shipping" ("Unicorn") includes a fleet of seven medium range tankers and three small tankers. The Company is based in Singapore, with offices in London, Durban, Tokyo, Cape Town and Rotterdam. Grindrod Shipping is listed on NASDAQ under the ticker "GRIN" and on the JSE under the ticker "GSH".

#### **Company Contact:**

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